

# HEALTH EVENTS 2006

The information included is correct at the time of going to press. For the latest updates, visit the events section at [www.dh.gov.uk/NewsHome/EventsDiary/fs/en](http://www.dh.gov.uk/NewsHome/EventsDiary/fs/en). Inclusion does not necessarily imply recommendation by the Department of Health

Month	Date	Event Name	Contact Information
JANUARY	Jan 3 - 8	<b>Arthritis Research Week</b> Arthritis Research Campaign Ph: 01246 558033 Fax: 01246 558007 Email: <a href="mailto:info@arc.org.uk">info@arc.org.uk</a> <a href="http://www.arc.org.uk">www.arc.org.uk</a>	
	Jan 24 - 28	<b>Food Allergy &amp; Food Intolerance Week</b> Allergy UK Ph: 01322 619898 Fax: 01322 663480 Email: <a href="mailto:info@allergyuk.org">info@allergyuk.org</a> <a href="http://www.allergyuk.org">www.allergyuk.org</a>	
	Jan 31	<b>Bug Busting Day - Head Lice Beware!</b> Community Hygiene Concern Ph: 020 7686 4321 Fax: 020 7686 4322 Email: <a href="mailto:bugbusters2k@yahoo.co.uk">bugbusters2k@yahoo.co.uk</a> <a href="http://www.nits.net/bugbusting">www.nits.net/bugbusting</a>	
FEBRUARY	Feb 1 - 28	<b>Raynaud's Awareness Month</b> Raynaud's & Scleroderma Association Helpline: 0800 917 2494 Ph: 01270 872 776 Fax: 01270 883 556 Email: <a href="mailto:info@raynauds.org.uk">info@raynauds.org.uk</a> <a href="http://www.raynauds.org.uk">www.raynauds.org.uk</a>	
	Feb 14	<b>National Impotence Day</b> Sexual Dysfunction Association Ph: 0870 774 3571 Fax: 0870 774 3572 Email: <a href="mailto:info@sdaa.net">info@sdaa.net</a> <a href="http://www.sdaa.net">www.sdaa.net</a>	
	Feb 13 - 19	<b>Contraceptive Awareness Week</b> fpa Helpline: 0845 310 1334 Ph: 020 7923 5216 Fax: 020 7837 6785 Email: <a href="mailto:caw@fpa.org.uk">caw@fpa.org.uk</a> <a href="http://www.fpa.org.uk">www.fpa.org.uk</a>	
MARCH	Mar 1 - 31	<b>Great Daffodil Appeal</b> Marie Curie Cancer Care Ph: 0845 601 3107 Fax: 020 7599 7708 Email: <a href="mailto:info@mariecurie.org.uk">info@mariecurie.org.uk</a> <a href="http://www.mariecurie.org.uk/daffodil">www.mariecurie.org.uk/daffodil</a>	
	Mar 1 - 31	<b>WellBeing of Women's Ovarian Cancer Awareness Campaign</b> WellBeing of Women Ph: 020 7772 6400 Fax: 020 7724 7275 Email: <a href="mailto:wellbeingofwomen@rcog.org.uk">wellbeingofwomen@rcog.org.uk</a> <a href="http://www.wellbeingofwomen.org.uk">www.wellbeingofwomen.org.uk</a>	
	Mar 8	<b>No Smoking Day</b> No Smoking Day Ph: 0870 770 7909 Fax: 0870 770 7910 Email: <a href="mailto:mail@nosmokingday.org.uk">mail@nosmokingday.org.uk</a> <a href="http://www.nosmokingday.org.uk">www.nosmokingday.org.uk</a>	
	Mar 8	<b>UN Day for Women's Rights and International Peace</b> United Nations <a href="http://www.un.org">www.un.org</a>	
	Mar 13 - 19	<b>Obesity Awareness Week</b> TOAST (The Obesity Awareness & Solutions Trust) Helpline: 0845 045 0225 Ph: 01279 866010 Fax: 01279 866010 Email: <a href="mailto:enquiries@toast-uk.org.uk">enquiries@toast-uk.org.uk</a> <a href="http://www.toast-uk.org.uk">www.toast-uk.org.uk</a>	
	Mar 13 - 19	<b>Brain Injury Awareness Week</b> Headway - The Brain Injury Association Helpline: 0808 800 2244 Ph: 0115 924 0800 Fax: 0115 958 4446 Email: <a href="mailto:enquiries@headway.org.uk">enquiries@headway.org.uk</a> <a href="http://www.headway.org.uk">www.headway.org.uk</a>	
	Mar 18 - 26	<b>CF Week</b> Cystic Fibrosis Trust Ph: 020 8464 7211 Fax: 020 8313 0472 Email: <a href="mailto:events@cftrust.org.uk">events@cftrust.org.uk</a> <a href="http://www.cftrust.org.uk">www.cftrust.org.uk</a>	
	Mar 21	<b>International Day for the Elimination of Racial Discrimination</b> United Nations <a href="http://www.un.org">www.un.org</a>	
	Mar 20 - 26	<b>Prostate Cancer Awareness Week</b> The Prostate Cancer Charity Helpline: 0845 300 8383 Ph: 020 8222 7622 Fax: 020 8222 7639 Email: <a href="mailto:info@prostate-cancer.org.uk">info@prostate-cancer.org.uk</a> <a href="http://www.prostate-cancer.org.uk">www.prostate-cancer.org.uk</a>	
	Apr 7	<b>World Health Day: Healthy Mothers and Children</b> World Health Organisation <a href="http://www.who.int">www.who.int</a>	
Apr 16 - 22	<b>Mental Health Action Week</b> The Mental Health Foundation Ph: 020 7803 1100 Fax: 020 7803 1111 Email: <a href="mailto:mhf@mhf.org.uk">mhf@mhf.org.uk</a> <a href="http://www.mentalhealth.org.uk">www.mentalhealth.org.uk</a>		
Apr 17 - 23	<b>National Depression Week</b> Depression Alliance Infoline: 08451 23 23 20 Fax: 020 7278 6747 Email: <a href="mailto:information@depressionalliance.org.uk">information@depressionalliance.org.uk</a> <a href="http://www.depressionalliance.org">www.depressionalliance.org</a>		
Apr 22 - 29	<b>National MS Week</b> Multiple Sclerosis Society Helpline: 0808 800 8000 Ph: 020 8438 0700 Fax: 020 8438 0701 Email: <a href="mailto:info@msociety.org.uk">info@msociety.org.uk</a> <a href="http://www.msociety.org.uk">www.msociety.org.uk</a>		
Apr 23 - 29	<b>Parkinson's Awareness Week</b> Parkinson's Disease Society Helpline: 0808 800 0303 Ph: 020 7963 9370 Fax: 020 7630 8745 Email: <a href="mailto:pr@parkinsons.org.uk">pr@parkinsons.org.uk</a> <a href="http://www.parkinsons.org.uk">www.parkinsons.org.uk</a>		
May 2	<b>World Asthma Day</b> Asthma UK Helpline: 08457 01 02 03 Ph: 020 7786 4900 Fax: 020 7256 6075 Email: <a href="mailto:info@asthma.org.uk">info@asthma.org.uk</a> <a href="http://www.asthma.org.uk">www.asthma.org.uk</a>		
May 7 - 13	<b>Dystonia Awareness Week</b> The Dystonia Society Helpline: 08450 95 65 75 Ph: 020 7490 5671 Fax: 020 7490 5672 Email: <a href="mailto:info@dystonia.org.uk">info@dystonia.org.uk</a> <a href="http://www.dystonia.org.uk">www.dystonia.org.uk</a>		
May 8 - 15	<b>Baby Safety Week</b> Foundation for the Study of Infant Deaths Helpline: 0870 787 0554 Ph: 0870 787 0885 Fax: 0870 787 0725 Email: <a href="mailto:info@sids.org.uk">info@sids.org.uk</a> <a href="http://www.sids.org.uk/fsid/">www.sids.org.uk/fsid/</a>		
May 14 - 20	<b>National Breastfeeding Awareness Week</b> Department of Health Ph: 020 7972 1339 Fax: 020 7972 4877 <a href="http://www.breastfeeding.gov.uk">www.breastfeeding.gov.uk</a>		
May 14 - 20	<b>National Epilepsy Week</b> National Society for Epilepsy Helpline: 01494 601 400 Ph: 01494 601 300 Fax: 01494 871 927 Email: <a href="mailto:margaret.thomas@epilepsynse.org.uk">margaret.thomas@epilepsynse.org.uk</a> <a href="http://www.epilepsynse.org.uk">www.epilepsynse.org.uk</a>		
May 14 - 20	<b>National Epilepsy Week</b> Epilepsy Action Helpline: 0808 800 5050 Ph: 0113 210 8800 Fax: 0113 391 0300 Email: <a href="mailto:epilepsy@epilepsy.org.uk">epilepsy@epilepsy.org.uk</a> <a href="http://www.epilepsy.org.uk">www.epilepsy.org.uk</a>		
May 14 - 20	<b>National Smile Week</b> British Dental Health Foundation Helpline: 0845 063 1188 Ph: 0870 770 4000 Fax: 0870 770 4010 Email: <a href="mailto:mail@dentalhealth.org.uk">mail@dentalhealth.org.uk</a> <a href="http://www.dentalhealth.org.uk">www.dentalhealth.org.uk</a>		
May 15 - 19	<b>National Allergy Week</b> Allergy UK Ph: 01322 619898 Fax: 01322 663480 Email: <a href="mailto:info@allergyuk.org">info@allergyuk.org</a> <a href="http://www.allergyuk.org">www.allergyuk.org</a>		
May 22 - 28	<b>Cancer Prevention Week (incorporating Fruity Friday May 26)</b> World Cancer Research Fund (WCRF UK) Helpline: 020 7343 4205 Ph: 020 7343 4200 Fax: 020 7343 4201 Email: <a href="mailto:l.brown@wcrf.org.uk">l.brown@wcrf.org.uk</a> <a href="http://www.fruityfriday.org">www.fruityfriday.org</a>		
May 22 - 26	<b>Walk to School Week</b> Living Streets Ph: 020 7820 1010 Fax: 020 7820 8208 Email: <a href="mailto:jo@livingstreets.org.uk">jo@livingstreets.org.uk</a> <a href="http://www.walktoschool.org.uk">www.walktoschool.org.uk</a>		
May 22 - 28	<b>National Hypnotherapy Awareness Week</b> London College of Clinical Hypnosis Helpline: 0800 389 4453 Fax: 020 7486 1123 Email: <a href="mailto:info@hypnotherapyawareness.co.uk">info@hypnotherapyawareness.co.uk</a> <a href="http://www.hypnotherapyawareness.co.uk">www.hypnotherapyawareness.co.uk</a>		
May 31	<b>World No Tobacco Day</b> World Health Organisation <a href="http://www.euro.who.int/tobaccofree">www.euro.who.int/tobaccofree</a>		
Jun 1 - 30	<b>Everyman Male Cancer Awareness Month</b> Institute of Cancer Research Infoline: 0800 731 9468 Fax: 020 7153 5313 Email: <a href="mailto:everyman@icr.ac.uk">everyman@icr.ac.uk</a> <a href="http://www.icr.ac.uk/everyman">www.icr.ac.uk/everyman</a>		
Jun 1 - 30	<b>National Osteoporosis Month</b> National Osteoporosis Society Helpline: 0845 450 0230 Ph: 01761 471 771 Fax: 01761 471 104 Email: <a href="mailto:info@nos.org.uk">info@nos.org.uk</a> <a href="http://www.nos.org.uk">www.nos.org.uk</a>		
Jun 3 - 11	<b>Heart Week</b> British Heart Foundation Infoline: 0845 070 8070 Ph: 020 7487 9485 Fax: 020 7486 3815 Email: <a href="mailto:heartweek@bhf.org.uk">heartweek@bhf.org.uk</a> <a href="http://www.bhf.org.uk">www.bhf.org.uk</a>		
Jun 5	<b>World Environment Day</b> United Nations <a href="http://www.un.org">www.un.org</a>		
Jun 5 - 10	<b>Tampon Alert Week (incorporating National Tampon Alert Day on June 8)</b> Tampon Alert Ph/Fax: 0161 748 3123 Email: <a href="mailto:enquiries@tamponalert.org.uk">enquiries@tamponalert.org.uk</a> <a href="http://www.tamponalert.org.uk">www.tamponalert.org.uk</a>		
Jun 5 - 11	<b>Down's Syndrome Awareness Week</b> Down's Syndrome Association Helpline: 0845 230 0372 Fax: 0845 230 0373 Email: <a href="mailto:info@downs-syndrome.org.uk">info@downs-syndrome.org.uk</a> <a href="http://www.downs-syndrome.org.uk">www.downs-syndrome.org.uk</a>		
Jun 5 - 12	<b>Glaucoma Awareness Week</b> International Glaucoma Association Helpline: 0870 609 1870 Ph: 0870 609 1871 Fax: 01233 648179 Email: <a href="mailto:info@iga.org.uk">info@iga.org.uk</a> <a href="http://www.glaucoma-association.com">www.glaucoma-association.com</a>		
Jun 11 - 17	<b>Diabetes Week</b> Diabetes UK Helpline: 0845 120 2960 Ph: 020 7424 1000 Fax: 020 7424 1001 Email: <a href="mailto:info@diabetes.org.uk">info@diabetes.org.uk</a> <a href="http://www.diabetes.org.uk">www.diabetes.org.uk</a>		
Jun 12 - 18	<b>National Food Safety Week</b> Food and Drink Federation Ph: 020 7836 2460 Fax: 020 7379 0481 Email: <a href="mailto:foodink@fdf.org.uk">foodink@fdf.org.uk</a> <a href="http://www.foodlink.org.uk">www.foodlink.org.uk</a>		
Jun 12 - 18	<b>National Men's Health Week</b> Men's Health Forum Ph: 020 7388 4449 Fax: 020 7388 4477 Email: <a href="mailto:mhw@menhealthforum.org.uk">mhw@menhealthforum.org.uk</a> <a href="http://www.menhealthforum.org.uk">www.menhealthforum.org.uk</a>		
Jun 14 - 21	<b>Homeopathy Awareness Week</b> The Society of Homeopaths Ph: 0845 450 6611 Fax: 0845 450 6622 Email: <a href="mailto:info@homeopathy-soh.org.uk">info@homeopathy-soh.org.uk</a> <a href="http://www.homeopathy-soh.org">www.homeopathy-soh.org</a>		
Jun 15	<b>Bug Busting Day - Head Lice Beware</b> Community Hygiene Concern Ph: 020 7686 4321 Fax: 020 7686 4322 Email: <a href="mailto:bugbusters2k@yahoo.co.uk">bugbusters2k@yahoo.co.uk</a> <a href="http://www.nits.net/bugbusting">www.nits.net/bugbusting</a>		
Jun 17 - 25	<b>Bike Week (Including Bike2Work)</b> Bike Week Helpline: 0845 612 0661 Ph: 01243 527 444 Fax: 0845 612 0662 Email: <a href="mailto:hq@bikeweek.org.uk">hq@bikeweek.org.uk</a> <a href="http://www.bikeweek.org.uk">www.bikeweek.org.uk</a>		
Jun 17 - 25	<b>MND Week</b> Motor Neurone Disease Association Helpline: 0845 762 6262 Ph: 01604 250 505 Fax: 01604 624 726 Email: <a href="mailto:enquiries@mndassociation.org">enquiries@mndassociation.org</a> <a href="http://www.mndassociation.org">www.mndassociation.org</a>		
Jun 18 - 25	<b>Learning Disability Week</b> Mencap Helpline: 0808 808 1111 Ph: 020 7696 5524 Fax: 020 7454 9193 Email: <a href="mailto:press.office@mencap.org.uk">press.office@mencap.org.uk</a> <a href="http://www.mencap.org.uk">www.mencap.org.uk</a>		
Jun 19 - 25	<b>Child Safety Week</b> Child Accident Prevention Trust Ph: 020 7608 3828 Fax: 020 7608 3674 Email: <a href="mailto:csw@capt.org.uk">csw@capt.org.uk</a> <a href="http://www.capt.org.uk">www.capt.org.uk</a>		
Jun 26	<b>International Day Against Drug Abuse and Illicit Trafficking</b> United Nations <a href="http://www.un.org">www.un.org</a>		
Jun 26 - Jul 2	<b>National Deafblind Awareness Week</b> Deafblind UK Helpline: 0800 132 320 Ph: 01733 358 100 Fax: 01733 358 356 Email: <a href="mailto:info@deafblind.org.uk">info@deafblind.org.uk</a> <a href="http://www.deafblind.org.uk">www.deafblind.org.uk</a>		
Jul 2 - 8	<b>Alzheimer's Awareness Week</b> Alzheimer's Society Helpline: 0845 300 0336 Ph: 020 7306 0606 Fax: 020 7306 0808 Email: <a href="mailto:info@alzheimers.org.uk">info@alzheimers.org.uk</a> <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>		
Jul 2 - 8	<b>Metabolic Disease Awareness Week</b> CLIMB The National Information and Advice Centre for Metabolic Disease Helpline: 0800 652 3181 Ph: 0870 77 00 325 Fax: 0870 77 00 327 Email: <a href="mailto:info@climb.org.uk">info@climb.org.uk</a> <a href="http://www.climb.org.uk">www.climb.org.uk</a>		
Jul 3 - 8	<b>Twins, Triplets &amp; More Week</b> Twins & Multiple Birth Association (TAMBA) Ph: 0870 77 03 305 Fax: 0870 77 03 303 Email: <a href="mailto:enquiries@tamba.org.uk">enquiries@tamba.org.uk</a> <a href="http://www.tamba.org.uk">www.tamba.org.uk</a>		
Jul 9 - 15	<b>National Transplant Week</b> Transplants In Mind Ph/Fax: 0117 931 4638 Email: <a href="mailto:sue@transplantsinmind.fsnet.co.uk">sue@transplantsinmind.fsnet.co.uk</a> <a href="http://www.transplantsinmind.co.uk">www.transplantsinmind.co.uk</a>		
Aug 7 - 13	<b>Sexual Health Week</b> fpa Helpline: 0845 310 1334 Ph: 020 7923 5216 Fax: 020 7837 6785 Email: <a href="mailto:shw@fpa.org.uk">shw@fpa.org.uk</a> <a href="http://www.fpa.org.uk">www.fpa.org.uk</a>		
Sep 3 - 8	<b>Hughes Syndrome Awareness Week</b> Hughes Syndrome Foundation Ph: 020 7188 8217 Fax: 020 7633 0462 Email: <a href="mailto:hsf@btconnect.com">hsf@btconnect.com</a> <a href="http://www.hughes-syndrome.org">www.hughes-syndrome.org</a>		
Sep 3 - 9	<b>Migraine Awareness Week</b> Migraine Action Association Ph: 01536 461 333 Fax: 01536 461 444 Email: <a href="mailto:info@migraine.org.uk">info@migraine.org.uk</a> <a href="http://www.migraine.org.uk">www.migraine.org.uk</a>		
Sep 4 - 10	<b>National Pregnancy Week</b> Tommy's, The Baby Charity Helpline: 08707 77 30 60 Ph: 08707 70 70 70 Fax: 08707 70 70 75 Email: <a href="mailto:mailbox@tommys.org">mailbox@tommys.org</a> <a href="http://www.tommys.org">www.tommys.org</a>		
Sep 11 - 17	<b>Continence Awareness Week</b> Continence Foundation Helpline: 0845 345 0165 Ph: 020 7404 6875 Fax: 020 7404 6876 Email: <a href="mailto:aware@continence-foundation.org.uk">aware@continence-foundation.org.uk</a> <a href="http://www.continence-foundation.org.uk">www.continence-foundation.org.uk</a>		
Sep 16 - 23	<b>Children's Hospice Week</b> Association for Children's Hospices Ph: 0845 203 2233 Fax: 0117 905 5340 Email: <a href="mailto:info@childhospice.org.uk">info@childhospice.org.uk</a> <a href="http://www.childhospice.org.uk">www.childhospice.org.uk</a>		
Sep 16 - 23	<b>National Eczema Week</b> National Eczema Society Helpline: 0870 241 3604 Ph: 020 7281 3553 Fax: 020 7281 6395 Email: <a href="mailto:helpline@eczema.org">helpline@eczema.org</a> <a href="http://www.eczema.org">www.eczema.org</a>		
Sep 21	<b>World Alzheimer's Day</b> Alzheimer's Disease International Ph: 020 7981 0880 Fax: 020 7928 2357 Email: <a href="mailto:info@alz.co.uk">info@alz.co.uk</a> <a href="http://www.alz.co.uk">www.alz.co.uk</a>		
Oct 1	<b>International Day of Older Persons</b> United Nations <a href="http://www.un.org">www.un.org</a>		
Oct 1 - 31	<b>Breast Cancer Awareness Month</b> Breast Cancer Care Helpline: 0808 800 6000 Ph: 020 7384 2984 Fax: 020 7384 3387 Email: <a href="mailto:info@breastcancercare.org.uk">info@breastcancercare.org.uk</a> <a href="http://www.breastcancercare.org.uk">www.breastcancercare.org.uk</a>		
Oct 1 - 31	<b>Breast Cancer Awareness Month</b> Breakthrough Breast Cancer Ph: 020 7025 2400 Fax: 020 7025 2401 Email: <a href="mailto:info@breakthrough.org.uk">info@breakthrough.org.uk</a> <a href="http://www.breakthrough.org.uk">www.breakthrough.org.uk</a>		
Oct 1 - 31	<b>Lupus Awareness Month</b> Lupus UK Ph: 01708 731251 Fax: 01708 731252 Email: <a href="mailto:headoffice@lupusuk.org.uk">headoffice@lupusuk.org.uk</a> <a href="http://www.lupusuk.org.uk">www.lupusuk.org.uk</a>		
Oct 2 - 6	<b>Walk to School Week</b> Living Streets Ph: 020 7820 1010 Fax: 020 7820 8208 Email: <a href="mailto:jo@livingstreets.org.uk">jo@livingstreets.org.uk</a> <a href="http://www.livingstreets.org.uk">www.livingstreets.org.uk</a>		
Oct 10	<b>World Mental Health Day</b> World Federation for Mental Health <a href="http://www.wmhday.net">www.wmhday.net</a>		
Oct 20	<b>World Osteoporosis Day</b> The National Osteoporosis Society Helpline: 0845 450 0230 Ph: 01761 471771 Fax: 01761 471104 Email: <a href="mailto:info@nos.org.uk">info@nos.org.uk</a> <a href="http://www.nos.org.uk">www.nos.org.uk</a>		
Oct 31	<b>Bug Busting Day - Head Lice Beware</b> Community Hygiene Concern Ph: 020 7686 4321 Fax: 020 7686 4322 Email: <a href="mailto:bugbusters2k@yahoo.co.uk">bugbusters2k@yahoo.co.uk</a> <a href="http://www.nits.net/bugbusting">www.nits.net/bugbusting</a>		
Nov 6 - 12	<b>Scleroderma Awareness Week</b> Raynaud's & Scleroderma Association Helpline: 0800 917 2494 Ph: 01270 872776 Fax: 01270 883556 Email: <a href="mailto:info@scleroderma.org.uk">info@scleroderma.org.uk</a> <a href="http://www.scleroderma.org.uk">www.scleroderma.org.uk</a>		
Nov 12 - 18	<b>Mouth Cancer Awareness Week</b> British Dental Health Foundation Helpline: 0845 063 1188 Ph: 0870 770 4000 Fax: 0870 770 4010 Email: <a href="mailto:mail@dentalhealth.org.uk">mail@dentalhealth.org.uk</a> <a href="http://www.dentalhealth.org.uk">www.dentalhealth.org.uk</a>		
Nov 14 - 18	<b>Indoor Allergy Week</b> Allergy UK Ph: 01322 619898 Fax: 01322 663480 Email: <a href="mailto:info@allergyuk.org">info@allergyuk.org</a> <a href="http://www.allergyuk.org">www.allergyuk.org</a>		
Dec 1	<b>World AIDS Day</b> National AIDS Trust Ph: 020 7814 6767 Fax: 020 7216 0111 Email: <a href="mailto:info@nat.org.uk">info@nat.org.uk</a> <a href="http://www.worldAIDSday.org">www.worldAIDSday.org</a>		
Dec 3	<b>International Day of Disabled Persons</b> United Nations <a href="http://www.un.org">www.un.org</a>		
Dec 10	<b>Human Rights Day</b> United Nations <a href="http://www.un.org">www.un.org</a>		